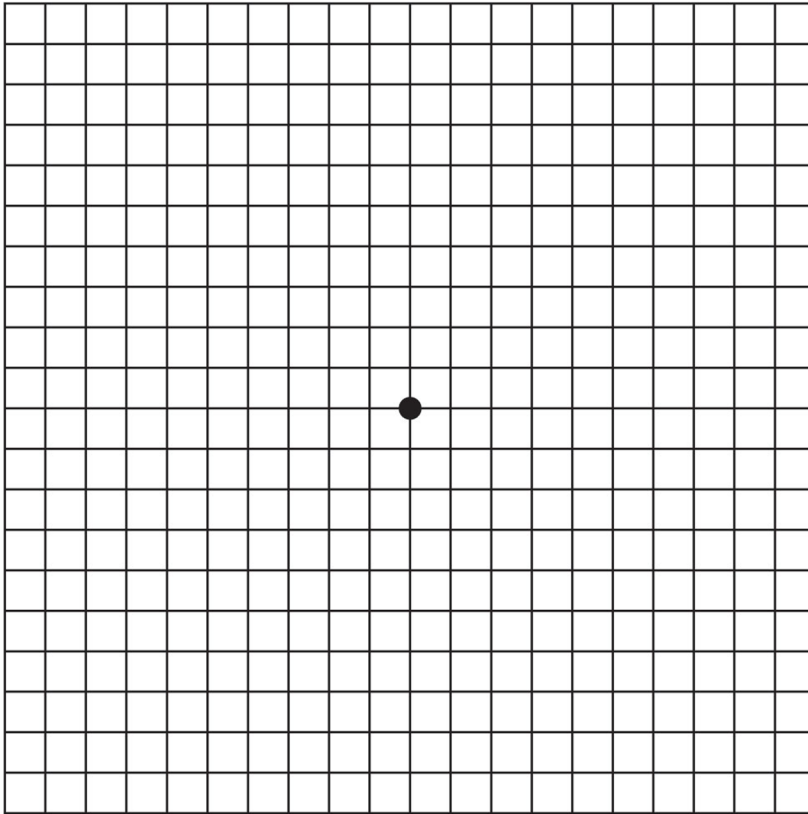
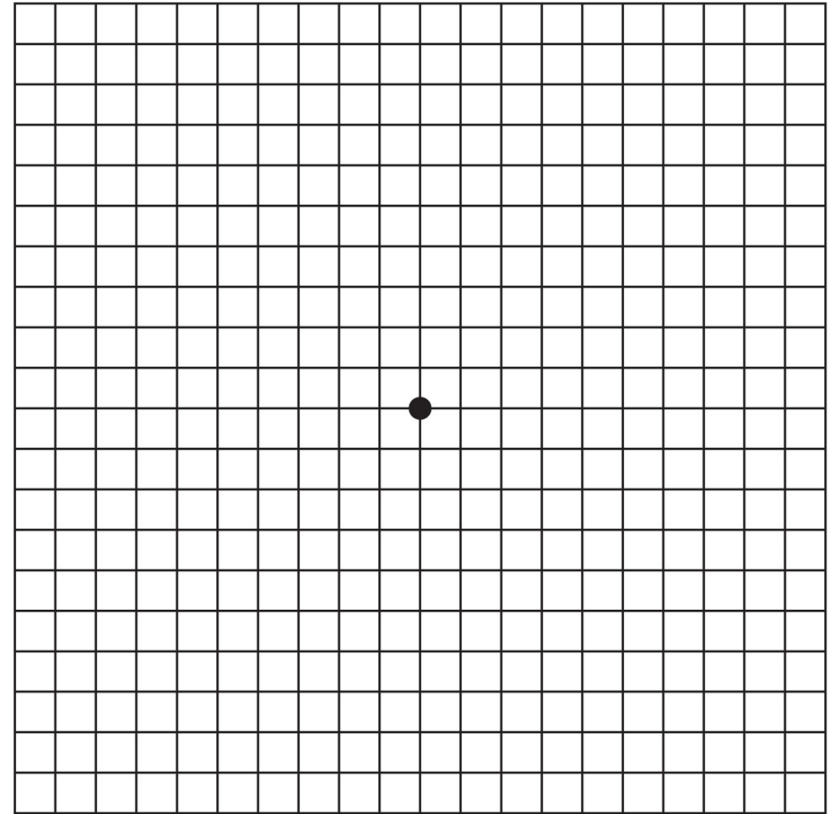


AMSLER GRID

LEFT EYE



RIGHT EYE



1. Test your vision with adequate lighting.
2. Wear the eyeglasses that you normally wear for reading.
3. Position the grid approximately 14 inches away from your face.
4. Cover one eye with your hand.
5. Stare at the center dot, making sure you can see:
 - the four corners of the big square
 - all the lines (horizontal and vertical)
 - all the little squares
6. Make note of any distortions you may see (a normal eye will see all straight lines).
7. Repeat the test with your other eye.

CONTACT YOUR EYE DOCTOR IMMEDIATELY IF:

- Any of the lines appear wavy or bent
- Any of the boxes differ in size or shape from the others.
- Any of the lines are missing, blurry or discolored.

These could all be signs of progressing macular degeneration or other retinal problems.

Early detection and treatment are key to help limit or slow any vision loss!